
Zoom On: Bernd Saugel



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Bernd Saugel, MD, EDIC is a Professor of Anesthesiology and works as a consultant in the Department of Anesthesiology, Center of Anesthesiology and Intensive Care Medicine, University Medical Center Hamburg-Eppendorf, Hamburg, Germany. Prof. Saugel is a specialist in anaesthesiology, intensive care medicine, and internal medicine and holds a European Diploma in Intensive Care Medicine. His primary field of research is the haemodynamic management of high-risk patients having surgery and critically ill patients.

1. What are your key areas of interest and research?

Personalised haemodynamic management in perioperative and intensive care medicine; innovative haemodynamic monitoring; Intraoperative hypotension and perioperative blood pressure management.

2. What are the major challenges in your field?

Showing that personalised haemodynamic management really improves patient-centered outcomes.

3. What is your top management tip?

Be an example and build a team.

4. What would you single out as a career highlight?

Every single day of work with my highly motivated enthusiastic team of medical doctors and students – and sharing with them the joy and satisfaction if a project eventually ends in interesting results.

5. If you had not chosen this career path you would have become a...?

Lawyer or psychiatrist (working as an anaesthesiologist and intensivist comprises a little bit of both).

6. What are your personal interests outside of work?

Literature from the 19th and 20th century, travelling, tennis.

7. Your favourite quote?

"The best way to predict the future is to invent it" (Alan Kay).

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