

## New App: Connecting Family with Loved Ones in ICU



A new app from Naveon helps families with a loved one in the intensive care unit (ICU) communicate with the care team better. When family members are closely engaged with the care team, this can contribute to improved satisfaction and quality care, according to the company.

## See Also: New App for Patients Who Can't Speak

The tool was developed by Dr. Mark Kantrow, medical director of Palliative Care at Our Lady of the Lake Regional Medical Center in Baton Rouge, LA. The aim is to have an interactive mobile solution that families can use anywhere and at any time to explore curated content that supports their understanding and decision making with the care team in the hospital, explains Dr. Kantrow.

The Naveon app is easy to use. Families can access the platform on their own Android or iOS mobile device. The "Review" tab allows sharing of information between the care team and the patient/relatives. Information is only accessible to both the family members and friends authorised to use the app, as well as the members of the care team at the hospital. Families can also write questions or comments about what is most important to discuss each day with the care team.

## See Also: MyICU App Introduced

Naveon says the mobile app guides the patient's relatives and the care team through difficult topics and conversations to ensure "your loved one receives the best care possible."

The app had its initial pilot at Our Lady of the Lake. A review of data on usage revealed that families that utilised the system engaged on average with over 10 pieces of educational content. In addition, the families reported feeling supported and engaged during their loved one's stay in the ICU.

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